

WEST CENTRAL BREAKFAST & LUNCH MENU

August 2022

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15 NO SCHOOL TEACHER INSTITUTE	16 NO SCHOOL TEACHER INSTITUTE	17 Poptart PK Cereal	18 Bagels w/ Cream Cheese	19 French Toast Sticks PK - Cereal
22 Waffles w/ Syrup	23 Banana Bread	24 Muffin	25 Pancake Sausage Sticks	26 Breakfast Pizza
29 Pancakes w/ Syrup	30 Cereal Bar PK - Muffin	31 Poptart PK - Cereal		Offered Daily: Cereal, Juice, Fruit, Yogurt, and Milk

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10	11	12
15 NO SCHOOL TEACHER INSTITUTE	16 NO SCHOOL TEACHER INSTITUTE	17 Sub Sandwich, Chips, Carrot Sticks, Cheese Stick, Apple	18 Corn Dog Green Beans Fresh Broccoli Apple Slices	19 Chicken Strips w BBQ Sauce or Ranch Cooked Carrots Rice Krispie Treat Peaches
22 Cheeseburger w/ Bun Onion/Pickles Peas Mixed Fruit	23 Spaghetti w/ Meat Marinara Sauce Garlic Bread, Peas Chocolate Chip Cookie Pineapple	24 Hot Dog w/ Bun Onions/Relish Baked Beans Cooked Carrots Apple Slices	25 Taco in A Bag Shredded Lettuce/Cheese/Diced Tomatoes/Onions/Salsa/Sour Cream Refried Beans Frozen Fruit	26 Tenderloin w/ Bun Pickles Mixed Vegetables Broccoli w/ Cheese Applesauce
29 Maidrite w/ Bun Onions/Pickles Peas Mixed Fruit	30 Breaded Chicken w/ Bun Baked Beans Cooked Carrots Mandarin Oranges	31 Pizza Burger Green Beans Cheese Stick Peaches		Offered Daily: Salad Bar, Ham & Cheese Sandwich, Turkey & Cheese Cup, Turkey & Cheese Cup, Rolls, Fruit, White and Chocolate Milk